



Kith and Kin  
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# ACTIVITY SCHEDULE

# HAVE FUN!

1 2 3  
**INGHAM ROAD**  
Kith and Kin  
JANUARY 2025



# MORNING 9am - 12pm

# STARTING JANUARY 2025

## MONDAY



DANCE YOUR HEART OUT  
With Dance North & Tegan

### STITCH UP

Learn to sew and create with  
Meryl



## TUESDAY

GRUBS UP COOKING  
CLUB

Cook simple meals to cook  
at home with Melissa



### GET CRAFTY

Show your creative flare  
with Karina



## WEDNESDAY

GRUBS UP COOKING  
CLUB

Cook delicious meals with  
Sally

### STITCH UP

Learn to sew and create with  
Meryl

### LOW IMPACT FITNESS

Get active with dance, yoga  
and more with Kelly



## THURSDAY

GRUBS UP COOKING CLUB  
Cook tasty meals with Geoff

### SPORT/GYM

Get sporty and keep active  
with Brandon

### LEGO LEGENDS

Use Lego to create anything  
you can dream up with  
Jasmin/Jacob



## FRIDAY

### SPORT/GYM

Enjoy a morning being  
active with Geoff



### GET CRAFTY

Show your creative flare  
with Meryl



# LUNCH 12pm - 12.30pm

# AFTERNOON 12.30pm - 3pm

### SING STAR

Sing your heart out  
with Lauren



### SWITCH ON

Explore the world of  
gamified learning with  
Georgee



### INTERACTIVE ART

Get messy and create a  
masterpiece with Meryl



GRUBS UP COOKING  
CLUB

Cook delicious meals with  
Lynn



### CRAFT

Show your creative flare with  
Lynn/Nicole



### MUSIC MAYHEM

Play a tune in harmony  
with Karina/Tegan

### SWITCH ON

Explore the world of  
gamified with Melissa



### ART PHOTOGRAPHY

Get snapping and create a  
masterpiece with your  
photos with Andrew

### CULTIVATING CURIOSITIES

Gardening and gardening  
craft & science for the  
curious minds with Meryl/  
Tegan



### GLAMOUR CLUB

Feel relaxed, refreshed and  
beautiful with Nicole



### MOVIES

Enjoy some down time with  
a movie afternoon

